06.1 YOU ARE FULL OF VALUE

In the previous assignments you explored and gave words to your belief, perception of people, your filters in life and motivation. All this insight is *energy* that you possess to add value to yourself and others. What is the value that you like to bring into this world? Please put down your thoughts.

06.2 VALUE LIVING – PRIMARY GROUP

Picture a setting with a loved one. Imagine them and how they experience you. Why are they in contact with you and **what value** you do you give them? Is this also what you like to do? And what could be ultimate?

06.3 VALUE LIVING - SECONDARY GROUP

When people interact with others in their personal and professional lives, they often focus on serving a particular group. Our daily activities, such as conversing with clients about design, teaching students, finalizing a business deal, or caring for patients in a hospital, all involve relationships that require attention and a serving mindset.

To determine the groups, you like to serve and add value to, both personally and professionally, start by examining your current roles. However, it's also essential to consider your aspirations. Take a moment to reflect on your personal and professional audience and describe what they look for in you.