

RIGHT OF EXISTENCE #1

01.1 Your start

Reflect on your origins and background. Do you hold a belief in a higher power, a source of energy, or a god? Perhaps you subscribe to the theory of evolution after the Big Bang, a creative force, intelligent design, or something else entirely. Describe your perception of your personal existence and the rationale behind it.

This image shows a full page of white paper with horizontal blue ruling lines. The lines are evenly spaced and run across the width of the page, providing a template for handwriting practice or general writing. There are no margins, text, or other markings on the page.

RIGHT OF EXISTENCE #1

01.2 Strengthen yourself

How do you personally build and reinforce your sense of entitlement to exist? Is there a specific practice you follow, such as reading, meditating, praying, or going for walks, or do you not have a set routine? Moreover, how integral is this concept to your daily life? Please share your individual experiences and actions, rather than expressing what you would like to do.

This image shows a full page of white paper with horizontal blue ruling lines. The lines are evenly spaced and run across the width of the page, providing a template for handwriting practice or general writing. There are no margins, text, or other markings on the page.